

# Green Box ABA

Parent Newsletter



## What's New?

### Wrapping Up the Fall Workshop Series & Looking Ahead

We hope that learned something useful in the fall parent workshop series on understanding autism and tips for helping your child, their siblings, and your extended family!

Recorded versions of all our workshops are available on [our website](#) in case there was one you were interested in and weren't able to attend live. Or subscribe to our [YouTube Channel – find us at Green Box ABA](#). Do you have a friend who might be interested in the recorded workshops? Feel free to share the links!

With school back in session and holidays on the horizon, we will be shifting our workshop schedule back to quarterly. See you in January when our first workshop of 2021 will be on toileting difficulties.

### We Asked, You Answered, We Listened

Thank you to everyone who responded to the survey about notifications preferences for Tricare-required outcome testing and referral dates. As a result of your feedback, we are now sending a reminder and information about the testing and referral process 6 months prior to the due date and following up with email reminders.

The office is also now sending you the PDDBI assessment 6 weeks before the end of the 6-month authorization period.

We hope that these changes will help you navigate the Tricare/Humana requirements. We always welcome suggestions—so feel free to contact us!

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## Giving Thanks

There are so many things to be thankful for this year, even with (and in some ways, because of) the extraordinary events of the year.

At Green Box, we are thankful for the continued privilege of working with your family and the trust you place in us to work with your child. And we are thankful for the care you have shown to our staff throughout the pandemic.

We wish you a happy, healthy Thanksgiving.



## Meet Our Staff!

The “Helping Siblings Understand Autism and Other Disabilities” workshop was hosted by Green Box staff, Eva & Corey, who shared some of their experiences. In this edition of “Meet our Staff,” we wanted you to learn more about them!

### Meet Corey!

#### How do you describe your job?

In Germany there is a racing complex called the Nürburgring and it has a Grand Prix racing track that anyone can pay to drive on there. You can have a professional driving instructor with you to tell you how to take turns, when to brake, and how to have more fun on the track. While everyone who is on there can drive, the instructor helps them drive better on the track and to be safe. My job is being the "driving" instructor for these kids.

#### Where did you grow up?

I grew up in North Carolina for most of my life, mainly the coast and then later in the Raleigh/Durham area.

#### What are some of your favorite things to do while you are not at work?

Some of my favorite things to do while I'm not at work is watching a show or movie with a good story or getting myself involved in some project.

#### Who would you most like to swap places with for a day?

If I were to be honest it would likely be Dr. Kaminski and her work here at Green Box.

#### If you could visit anywhere in the world you've never been, where would you go?

I would love to visit the Scottish Highlands. The landscape and terrain is something that I've always found to be



truly beautiful and would be an experience to trek through.

#### What's your secret talent that no one knows about?

I've done blacksmithing for over 10 years and am a guild member of The Blacksmiths' Guild of the Potomac.

#### Which 4 people (living or dead), would you most like to eat dinner with?

Robin Williams, Vincent Price, Carl Sagan, Gene Wilder

#### If you could choose to do anything for a day, what would it be?

If I could choose anything to do for a day it would be an astronaut on the ISS.

#### If you could only eat one meal for the rest of your life, what would it be?

Fried pork curry over rice. No contest.

## Meet Our Staff!

### Meet Eva!

#### How do you describe your job?

I consider it less of a job and more of an extension of my life. Growing up with a brother who has Down syndrome and being immersed in the amazing disability community makes a lot of it feel second nature. This job is getting to be a team member on a bunch of amazing families and being a part of their child's growth.

#### Where did you grow up?

Northern Virginia! Woodbridge area.

#### What are some of your favorite things to do while you are not at work?

I love designing and sewing costumes for the theater I'm involved with, sketching, going to help with the many Special Olympic sports my family is involved with, and am currently on the quest to find the worst horror movie on Amazon Prime.

#### Who would you most like to swap places with for a day?

Someone who is at an all expenses paid trip to Disney World.

#### If you could visit anywhere in the world you've never been, where would you go?

I spent a summer in Berlin but was never able to visit Munich, where my family is from, so I'd love to explore Southern Germany.

#### What's your secret talent that no one knows about?

I'm a pretty good tap dancer.



#### Which 4 people (living or dead), would you most like to eat dinner with?

My grandfather who passed away when I was a baby. Julie Andrews because of my childhood *Sound of Music* obsession and I once wrote a paper in the first grade on how I wanted to have tea with her. Jeff Lynne from ELO but it's me eating dinner and it's him performing for me. Jemaine Clements from Flight of the Conchords.

#### If you could choose to do anything for a day, what would it be?

Be backstage during our theater's performances, and watch my brother and the rest of the cast kill it on stage.

#### If you could only eat one meal for the rest of your life, what would it be?

It would have to be a beef kabobs from Layla's, a Lebanese Restaurant near my house. Got those good, good grilled veggies, garlic whip and the best rice I've ever had.



The theatre that Eva mentioned is Heart House Inclusive Productions, which was created to help integrate actors and performers with disabilities into mainstream theater. HHIP envisions theatergoers enjoying performances which include actors with a wide variety of talents.

Productions are on hold, due to social gathering restrictions, but check out HHIP at:

<https://www.hearthouseip.org/>

## Communication

To make sure that your needs and questions are addressed in an appropriate and timely manner, please use the following guide:

### **General questions about services:**

Main Office: [greenboxaba@gmail.com](mailto:greenboxaba@gmail.com); 571-297-4308

### **Cancellations:**

Contact your therapists and BCBA/BCaBA

### **Questions/issues related to copays/invoices:**

Main Office: [greenboxaba@gmail.com](mailto:greenboxaba@gmail.com); 571-297-4308

### **Clinical Administration:**

Required testing

Service authorizations

Clinical Assistant: [tmcrae@greenboxaba.com](mailto:tmcrae@greenboxaba.com); 571-297-4308

### **Scheduling:**

Scheduling Specialist: [msauter@greenboxaba.com](mailto:msauter@greenboxaba.com); 571-297-4308

### **Clinical and behavioral concerns:**

Your BCBA/BcaBA

Management is also available, in the event that an issue cannot be resolved with the departments above. Contact the main office to speak with or leave a message for:

Carl Dzyak, CEO

Chris Richardson, COO

Barbara Kaminski, Clinical Director

