

# Is it a Reward or Bribe?

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## What is a reward?

- ✚ Things given **AFTER** a behavior occurs
- ✚ Make it likely that the behavior will happen again
- ✚ First Behavior, then Reward

## What is a bribe?

- ✚ Things given **BEFORE** a behavior occurs
- ✚ Promise the child will engage in behavior later
- ✚ First Bribe, then Behavior

## Problems with Bribes

- ✚ Child learns they can get what they want without doing the behavior
- ✚ You lose control over the situation
- ✚ It becomes harder to get the child to do the behavior because they already have what they want

## Is it a bribe if I tell my child what to do to earn the reward?

- ✚ NOPE!
- ✚ You are setting the expectations
- ✚ Make sure to follow through!