

Green Box ABA

Parent Newsletter



Focused on You, Committed to Your Family

When we decided that 2020 was going to be the “Year of the Parent” at Green Box ABA, the plan was to focus on *you* and the ways that we could improve *your* ABA experience. We know that your time, energy, and resources are not limitless but we also hope that if we stay the course and continue to provide you with information, resources, and training (individual and group), our partnership in your child’s growth and development will be strengthened. Our focus on you seems more important than ever and we are more committed than ever to working with you in whatever ways we can.

Below are answers to FAQ about how Green Box ABA is responding to the coronavirus threat (all answers as of 4/10/2020).

What measures has Green Box ABA taken to protect families and staff?

Green Box closely monitors and follows all official guidance outlined by various applicable governing agencies (Centers for Disease Control, VA Department of Health, Department of Homeland Security, etc). Based on that guidance, we are currently doing the following:

In the clinic:

- Frequent professional cleaning
- Frequent cleaning and sanitation (every 2 hours), including disinfecting wipe down of surfaces, door knobs, bathrooms, etc.
- Frequently disinfecting toys and individualized (unshared) bins of items for use by clients
- Replaced the furniture in the waiting room to easily wiped-down chairs
- Frequent hand-washing by both staff and children

- Staff are ensuring that clients maintain appropriate physical distance
- Maximum safe capacities enforced in each room and, when possible; clients are distributed across rooms to minimize contact
- Modified drop-off and pick-up procedures

In home sessions, staff are:

- Hand-washing upon arrival and before leaving
- Wearing protective masks and maintaining physical distance
- Minimizing touch of common surfaces

And, of course, regardless of location, staff are staying home if displaying any cold symptoms.

If we shelter-in-place or are quarantined, will we lose our services?

It is not our current plan to terminate, or return to the waitlist, families whose direct services are paused. As the situation eventually resolves, we will have a conversation about the best way to transition back to services when you are ready to do so. While we can’t guarantee things will look exactly like

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Committed to Your Family (continued)

before, but we will work together to find a solution that works for your family needs.

If we shelter-in-place or are quarantined and pause direct services, are there any options for support?

Green Box recently established policies and procedure for services delivered via “telehealth.” The BCBAs and BCaBAs have received training how to use the system effectively. For Tricare beneficiaries, the only service that has been approved is “family guidance” in which the BCBA/BCaBA works directly with the parents. This can involve providing recommendations and guidance on dealing with behavior challenges, suggestions for how to incorporate ABA goals into your daily life, helping you establish a schedule for the day, and teaching you how to use plans. The goal of

the telehealth service is not to add to your many responsibilities by trying to turn you into a “therapist” but to give you the tools and guidance you need to weather the current storm.

Are you going to close?

As an essential service, providing services that insurance has determined to meet standards for medical necessity, we will continue to provide ABA services as long as that remains a possibility.

What will summer look like?

With the situation continuing to evolve, it is not clear what to expect for the summer. The change from the “school year” to “summer break” will be much different this year. What we can tell you at this point is that we will work together to find the right services for your family for

We know it hasn't been easy, but recent reports suggest that your behavior changes and sacrifices are making a difference.

We are here to help you respond to your child's behavioral needs, including new and unique challenges

Workshop

Helping Your Child Listen to and Follow Directions

When: Saturday, May 2, 10am—12pm

Where: Zoom

Parent Workshop

We know that your inboxes are flooded with emails from school, work, etc., so we don't want to add to that by sending you a new survey to gauge your interest in educational workshops (via zoom, of course!). We already had a workshop scheduled for May 2 (“Helping Your Child Listen to and Follow Directions”). If you are interested in attending, send us a message. If you have requests for other topics, send an email directly to Dr. Kaminski (bkaminski@greenboxaba.com).