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Green Box ABA Quarterly Newsletter July 1, 2022

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Parent Newsletter

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What's New!

* We recently had a Progress Report/Treatment Plan flagged for an insufficient number of parent guidance sessions within the 6-month period. The TRICARE policy change last March included a new rule stating that parent guidance sessions are a mandatory component of ABA services and indicating that they will deny services if there aren't at least 6 parent guidance sessions within the 6-month period for 2 consecutive authorization periods. While there are a variety of factors that impact meeting that requirement (and, in the case mentioned above, we had failed to document all of the training that *had* occurred), please work with your behavior analyst to ensure that you are an active participant in ABA services and meeting with them at least monthly.

* Don't forget to create your **CentralReach Parent Portal** account! Check your child's progress and graphs, communicate with your therapy team, and more. Our clinical teams will be using CentralReach for many parent-rated assessments and family-based goals. Visit: <https://members.centralreach.com/>

Having trouble creating the account? We can help. Call the office at 571-297-4308 or email Tamera at tmcrae@greenboxaba.com

* **COVID UPDATE:** The CDC is still recommending source control (masks) be worn in healthcare settings, as that continues to create the safest environment for both clients and staff. We continue to monitor the guidance from the CDC and will notify all clients and staff if our policy changes.

School's Out!

And so are our routines. What can you do during these less structured days?

1. While lazy mornings and late nights are awesome, try to have about 3 things that are usually done, especially during the morning or evening routines, depending on your schedule. This helps to maintain some sense of routine and predictability.
2. Incorporate your child into your usual routine. If you usually take a walk or workout at home, set them up nearby if possible or find a way for them to join in.
3. Start with one consistent thing and build up from there.

Want more suggestions? Check out previous articles in the Parent Newsletter archive (<https://www.greenboxaba.org/newsletter-archive>) and look for the issues from May 2020 and Summer 2019

Parent Educational Workshop

We are going to take the summer quarter off so that you can enjoy the summer. When fall hits, look for a brand new offering. And, due to the overwhelming response to the teaching assent and personal safety workshop (which we did not record), we will be offering another opportunity to attend in the fall. In the meantime, check out the recordings of previous workshops on our YouTube Channel (Green Box ABA)

Testing, Testing....

by **Barbara Kaminski, Ph.D., BCBA-D**



... is this thing on? Okay, maybe not that kind of testing...

TRICARE-required testing. Will this be the most thrilling blog you read all year? Not by a stretch. I can pretty much guarantee that a blog about TRICARE-required testing is not spellbinding reading. But you can save yourself some stress and confusion by understanding what the testing requirements are, when you are required to complete them, and the best way to approach each one. Visit the Blog section for the full story.

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